

About our services

About our Counselling services:

St David's is a local service that can help you or someone close to you.

Financial and Gambling Counselling offers the opportunity for you to discuss your issues and concerns.

We believe a Counsellor's role is to:

- assist you to draw on your own strengths and resources
- enable you to resolve your own problems
- assist you to explore options which make life choices clearer to you.

Everyone is eligible for free counselling

If you need an interpreter
Telephone the Translating and Interpreting Service on 143 14 50 and ask to be connected to 02 6021 7099.



If you have other communication needs

If you are deaf, have a hearing impairment, or complex communication needs, telephone the National Relay Service on 13 36 77, or speak to the Speech to Speech Relay Service on 1300 555 727 and ask to be connected to 02 6021 7099.

Credit & Debt Hotline
1800 007 007
Monday to Friday 9:30am - 4:30pm
Financial counselling information, advice and referral service available to consumers in NSW.

gambling HELP
PHONE • FACE TO FACE • ONLINE
1800 858 858
www.gamblinghelp.nsw.gov.au

Uniting

Open Monday to Friday from 9am to 5pm.
Out of hours counselling available.
Call for an appointment. Closed public holidays.

593 Olive Street
Albury NSW 2640

Tel: 02 6021 7099
Fax: 02 6023 2448

Email: stdavids@vt.uniting.org
Web: www.unitingcaregne.org.au

We acknowledge the traditional owners and custodians of the land we stand on as the first people of this country.



Problem Gambling and associated Financial Counselling services are funded by the NSW State Government through the Responsible Gambling Fund.

BRC010

Uniting
Goulburn North East

Free and confidential

Financial Counselling Gambling Counselling



Financial Counselling

You may need Financial Counselling if you:

- can't see a way forward financially
- feel anxious or depressed because of your financial position
- argue with your family over money
- don't have enough money to pay for essentials such as housing, food or utilities
- are being harassed by creditors.

Our Financial Counselling includes:

- assisting you to create your individual budget
- negotiation with creditors
- advocacy
- exploring options available to you.

What to bring to your appointment:

- proof of income (current pay slip or Centrelink statement)
- your most recent bills.

At St David's, all Financial Counsellors are members of the Financial Counsellors Association of NSW.



Gambling Counselling

How can you tell when gambling is a problem?

When you:

- think about gambling often
- return to try and regain losses
- feel depressed as a result of your gambling
- borrow money in order to gamble
- argue with your family over money spent on gambling
- have unpaid bills so that you can use the money to gamble
- try to stop gambling but you can't.

St David's offers every client and individual assessment and personalised care plan.

One-on-one counselling appointments are held with fully-qualified counsellors—in person, by telephone, or by computer.